



Medical Guidance for ICSA Competition (Updated May 11, 2021)

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The Medical Advisory Panel (MAP) has developed testing and operational protocols for ICSA competition, including scrimmages and/or practices involving sailors on a team traveling to another college's sailing facility, in Spring 2021. These protocols are intended as minimum standards for teams. The MAP recognizes that local and state requirements, which must be followed, may be stricter than the recommended minimum standards set forth in this document. Nothing contained herein is intended to restrict teams from following any additional practices that they deem appropriate in light of the conditions existing in their respective locales, or in light of information received from their local, state and national public health officials, and/or following their own medical judgment. Finally, as information regarding the virus, testing and public health mitigation strategies evolve, the recommended minimum standards set forth herein are subject to adjustment.

RISK PROFILE

The MAP has determined that ICSA competition can be conducted such that the risk profile is designated **low risk** for transmission of Covid-19 between teams and/or between athletes and officials.

In order to remain low risk, event hosts and participating teams must confirm, abide by, and attest to the protocols in this document.

TESTING

The following testing protocol is for events lasting no longer than two consecutive days.

All members of the Travel Party (includes all representatives from a college, including the host/home college, who will be attending the competition including but not limited to athletes, coaches, and support persons; and/or all persons traveling with those who will be attending) shall be *tested two times for each competition* as follows:

As of May 11, 2021 fully vaccinated Travel Party members with no Covid-like symptoms are exempt from required testing. For the purpose of this Medical Guidance, Travel Party members people are considered fully vaccinated 14 days after they have received the second dose in a 2-dose series (Pfizer-BioNTech or Moderna), or 14 days after they have received a single-dose vaccine

Pre-Competition Testing:

- A nucleic acid amplification test (NAAT) such as PCR or TMA (e.g. Cue test) must be administered to all members of the Travel Party, except those who are fully vaccinated, within 72 hours of the start of competition (report time); OR, as an alternative, an NAAT test must be administered within 96 hours of the start of competition (report time) and must be followed by an antigen test on the day of travel.
- ANegative test result(s) from the pre-competition test(s) is required for all Travel Party members prior to travel to competition.
- Pursuant to CDC guidance, any Travel Party member who tests positive for COVID-19 shall be isolated for at least 10 days from the onset of symptoms/positive test and at least 1 day (i.e., 24 hours) has passed since recovery defined as resolution of fever without the use of fever-reducing medications and improvement of other COVID symptoms (e.g., cough, shortness of breath, sore throat, vomiting or diarrhea). This member shall be excluded from travel and/or competition during the required isolation period.
- Any Travel Party members, except fully vaccinated (see below) Travel Party Members with no symptoms, identified as contacts of the positive individual(s) shall comply with CDC quarantine/isolation protocols and shall be excluded from the competition during the required quarantine/isolation period.
- For the purposes of this guidance, Travel Party members people are considered fully vaccinated 14 days after they have received the second dose in a 2-dose series (Pfizer-BioNTech or Moderna), or 14 days after they have received a single-dose vaccine (Johnson and Johnson (J&J)/Janssen).
- Neither a positive PCR test, nor a positive TMA test (e.g. Cue test) shall be invalidated by subsequent negative antigen test result(s); nor by subsequent molecular PCR test results or TMA test, in the absence of overt and confirmed laboratory error.

Post Competition Testing:

- A post-competition PCR test, TMA (e.g. Cue test), or an antigen test shall be administered within one business day of the conclusion of competition.
- If the post-competition antigen test is positive, a PCR test or a TMA test (e.g. Cue test) shall be administered as soon as possible to confirm the positive result.
- All positive test results from post-competition testing, including antigen tests, must be reported to all competing teams (see “reporting of positive test results”, below).

Pre and post competition tests shall have FDA approval or Emergency Use Authorization.

Reporting of Positive Test Results:

- Positive test results from a post-competition test of any Travel Party member shall be shared as quickly as possible and no later than 24 hours following receipt of the test result, with all opponent(s). If post-competition test was an antigen test, the subsequent result of the PCR confirmation test shall also be shared with all opponents.
- The infected individual’s role as a Travel Party member (e.g., athlete, coach, support person) and a summary of their interactions with the opposing teams (e.g., sailed X

number of races, non-starter who watched from shore, etc) shall be included in the information sharing.

- Unless authorized by the individual or otherwise required by law, the individual's name may not be shared with the opposing teams.
- A Medical Officer (or his or her medical designee) of the school of the infected individual shall share this information with prior opponents' Chief Medical Officers (or their medical designees).
- Additionally, positive test results from any test of a former Travel Party member shall be shared as quickly as possible, and not later than 24 hours following receipt of the result, with all opponents the travel party member competed against in the past 14 days prior to receiving the positive test result.

Exception to Testing Requirements:

A team member who has tested positive is not subject to weekly pre-competition testing for a period of 90 days from the date of the positive test unless the team member exhibits symptoms consistent with COVID-19 (even those with minimal symptoms). At such time, the team member will be required to be tested. This standard is subject to change as research evolves in this area.

OPERATIONAL PROTOCOLS

- 1) Event hosts shall develop standards and protocols for safe entry based on local, state, and national guidelines.
 - a) These standards and protocols shall be published to all competing teams prior to report time.
 - b) At a minimum, there shall be screening procedures to include symptom checking for all individuals seeking access to the regatta venue.
 - c) Any individual who does not pass screening procedures shall be denied access to the regatta venue and be isolated according to local, state and national guidelines.
- 2) All individuals (e.g., athletes, coaches, officials, athletic trainers, non-coaching personnel) shall wear a face covering at all times while at the regatta venue and on the water, except while racing, eating or drinking.
- 3) Social distancing of 6' or more is required to the greatest extent possible.
- 4) Event hosts shall develop social distancing plans for all regatta operations including, but not limited to, accessing and storing equipment, rigging and de-rigging, coaching, substitutions, rest and meal breaks, and emergency procedures. Social distancing plans must be disseminated (or provided) to all competing teams prior to report time.
- 5) No in-person meetings, except outdoor protest hearings involving ten or fewer people, or gatherings involving personnel from multiple teams or event personnel and any team members shall occur.
 - a) Hosts shall plan for all meetings/gatherings to be conducted virtually.

- b) These include but are not limited to competitors' briefings, umpire briefings and debriefings, coaches' meetings, awards ceremonies, etc.
 - c) Protest hearings involving ten or fewer people may be conducted outdoors provided that face coverings are worn at all times by all participants and strict social distancing is maintained.
- 6) Indoor facility use shall comply with social distancing and shall be limited to necessary equipment access, bathroom facilities, and safety operations only.
- 7) Access to the regatta venue, while Travel Party members are present, by any person not subject to the Testing protocols in this document shall be restricted to only those that must enter the regatta venue in order for the event to be held (race management officials, umpires, etc).
- a) Such persons must always satisfy symptom screening procedures and wear a face covering at the regatta venue including on the water.
 - b) To the extent possible, such persons shall have no in-person interactions within 6' of any Travel Party members
 - c) Hosts may designate regatta venue areas with signage and/or physical barriers in order to indicate limited access areas.
- 8) No more than two coaches from different teams may share an open coach boat. Face coverings are required at all times in shared coach boats. To the extent possible, 6' social distancing should be maintained.
- 9) Boat rotations are permitted, provided that minimum 6' social distancing between teams is maintained at all times. On-the-water boat rotations and other direct exchanges of equipment between teams are prohibited.