



INTER-COLLEGIATE SAILING ASSOCIATION OF NORTH AMERICA, INC.

ICSA Declaration of Adherence

Instructions:

1. Submit completed form to the ICSA Compliance Office/Executive Director prior to a team's first competition.
2. This form must be signed by the appropriate University designee (Athletic Director, Club Sports Director, Director of Compliance, Department Chair, etc., but not a coach or student athlete) for the applicable level of the program and will indicate the team is authorized to participate in Intercollegiate Sailing competition (Submit to ICSA Compliance Office: compliance@collegesailing.org and to the Executive Director: execdirector@collegesailing.org)

School: _____

Conference: _____

Date submitted: _____

STATEMENT: I hereby certify the above sailing team is currently in compliance with ICSA Procedural Rules and is permitted to represent _____ (University/College Name) in Intercollegiate Sailing for the 2026-27 Season. Please see Frequently Asked Questions on the subsequent page for the primary eligibility Rules.

Certifying Individual (please print): _____

Title: _____

Email: _____

Phone: _____

Signature: _____

Any questions should be directed to ICSA Compliance Office compliance@collegesailing.org and the Executive Director execdirector@collegesailing.org

Frequently Asked Questions on student-athlete eligibility and the Declaration of Adherence:

- 1) What is the purpose for a signed Declaration of Adherence?**
 - a. The College or University recognizes the team represents the institution in the sport of college sailing.
 - b. The team agrees to participate under the applicable rules which govern the sport of college sailing.
 - c. Fairness is maintained in college sailing by clarifying the athlete's eligibility to compete.
- 2) What applicable Procedural Rules are being certified?**
 - a. The team members are full time undergraduate students at the school with the exception that graduated full-time students during the applicable season may participate after graduation to complete that season. An example of this is a student who graduates on 1 May of the spring season may compete in regattas that culminate in the National Championships on 4 June of that season. A student who graduated in December of the previous year would not be eligible to compete in the spring competitions.
 - b. Athletes may compete for a 5-year maximum which allows for gap years, overseas studies, etc. They are limited to (4 fall and 4 spring seasons).
 - c. Scholarships for the sport of sailing are not allowed. Academic scholarships, needs based tuition, work-study, and other financial assistance are permitted.
 - d. While competing the student-athlete is required to wear a personal floatation device. This requirement will be monitored by the responsible competition oversight authority (regional or national).
 - e. The student-athlete is required to be able to swim at least 50 yards and tread water for at least 5 minutes. See FAQ 5 for details.
- 3) How are the requirements for undergraduate, 5-year competition, etc tracked?**
 - a. The roster of student-athletes on the sailing team is administered by the school.
 - b. Since there are a wide range of programs (Varsity, Club, Student Activities) it is up to the institution as to how the students are tracked.
- 4) Does ICSA monitor the eligibility requirements?**
 - a. Yes, to the extent practicable. The student-athletes are designated by year of expected graduation when they register to compete, and college sailing may examine any anomalies as they arise.
 - b. It is incumbent on the team to ensure athlete eligibility since a team using an ineligible athlete can be disqualified from the competition. Questions on eligibility are handled through the College Sailing Eligibility Committee.
- 5) How is the certification of the swimming requirement conducted?**
 - a. College Sailing and College Rowing are the two sports that require mandatory swim tests.
 - b. A coach, faculty advisor, or other college official shall certify the team members meet the requirements. How this is done is up to the official or coach.
 - c. Options that have been used in the past include but are not limited to: school swim test that is required for graduation to include Service Academy requirements; an annual swim test administered by the sailing team staff; other methods as deemed appropriate by the school program. A record of athlete swim test completion shall be kept by the team administrator and shall be available on request.